

Safe Working Practices for Delivery and Collection Vehicles

General Safety

- Ensure your vehicle cannot be moved during loading/unloading by removing the keys or using chocks.
- When reversing always use a **Banksman**
- Maintain the 3 metre **exclusion zone** when fork lift trucks are in operation, wait in the safe area.
- Minimum PPE on site; **Safety footwear** and **Hi Visability** vest/jacket.
- Maintain the **10MPH** minimum speed limit and **one-way system**, 5MPH inside of factories.

Working From the Vehicle Trailer

- Ensure you work from **ground level** whenever possible.
- Working from trailer bed only as a **last resort** ensuring that:
 - You have a **Safe System of Work** in place to prevent falls.
 - A **hard hat** must be worn with chin strap.
 - **Fall restraint systems** used when fitted; guardrails, straps and lanyards.

